



## M.E. Support (IOM)

IOM Registered Charity Number 381

### 27 Feb 2020 Update 55

#### Forthcoming Events:

*Please invite family and friends*

**Sat 14 March at 12.00 noon:** Lunch at the Whitestone Pub, Ballasalla.

**Sat 25 April at 2.00pm:** AGM at Onchan Methodist Church, Main Road, Onchan.

**Sat 23 May at 2.00pm:** Mindfulness with Mike Kewley at Onchan Methodist Church, Main Road, Onchan.

#### Recent events and Fundraising



**Textiles workshop with Pat Kelly.** Many thanks to Pat for a super textile card craft activity that was thoroughly enjoyed by all. Pat has M.E, and in order to manage her activity levels, she needs to rest in bed every day, usually in the afternoon. She uses this time, in bed, to create her textile art work. If she does not have the energy to sew, she simply rests and plans future work.

#### Bucket Collection at the Gaiety

Thanks to Celia, Eleanor and friends who held a bucket collection after the Sound of Music performance by the DCU and raised the fantastic sum of £442.

#### Campaign News

The new locum Consultant Neuropsychologist, Mr Dyal is now in post and the ME Service should be up and running by April 2020.

All are invited and most welcome to come to the next Annual General Meeting on the 25<sup>th</sup> April. If anyone would like to join the Committee, please ask Celia Marshall for a nomination form and return this before the start of the AGM.

There is a ME closed Facebook page. ME Isle of Man (Myalgic Encephalomyelitis) Celia Marshall [celia@manx.net](mailto:celia@manx.net) 460965 41, Windermere Drive, Onchan. IM3 2DN

Patron: The Lt Governor, Sir Richard Gozney. President: Phil Gawne. Vice President: Craig Morris  
Chairman: Celia Marshall, Treasurer & Data Protection: Alan Cooper, Resources Manager: Craig Morris.

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