



M.E. Support (IOM)

IOM Registered Charity Number 381

4 April 2020 Update 56

No further events will be held until further notice due to the Coronavirus outbreak

Recent events

AGM Sat 24 April

Due to the Coronavirus pandemic and the global lockdown, a Virtual AGM was held via email and phone. The Chairman's Annual Report is included with this Update. All reports, nomination forms and voting forms were sent out by email. The financial statement reported that the current assets stand at £19,027. The committee was elected unanimously - see list at the foot of the page. If you would like a copy of the booklet containing the reports, or a copy of the Minutes of the AGM, please contact Celia. 460965 celia@manx.net

Support for Members

Useful contacts

- Details of businesses who will do home deliveries are enclosed.
- St Johns Ambulance may be able to help to deliver prescriptions to anybody isolated. For further information, please contact either your local pharmacy or Tel. 674387.
- Helpout.im help those who are isolated, or require assistance due to Coronavirus or measures in place for this. Help may include assistance with shopping, errands, dog walking, or if you just need someone to talk to.
- If anyone has major difficulties and is unable to buy food, or make arrangements for food to be delivered, the Isle of Man Foodbank may be able to help:- Tel. 646999.

This is a worrying time for all and it is particularly important that your health and well-being is a priority. If you are really struggling and you have been unable to access the support that you need, please contact either Celia or Hazel, who will do their best to help, or assist you in finding organisations who can provide you with the help that you need.

Nobles Hospital Outpatient Appointments

Any outpatient appointment scheduled to take place in the coming weeks may be reviewed and patients contacted to confirm if their appointment will go ahead.

Some interesting news: For some time, we have been trying to persuade medical personnel to agree to carry out consultations via video call or phone if that would benefit M.E patients. Previously they have been reluctant to do so. Now with Coronavirus regulations, that form of consultation has become compulsory for all.

There is a ME closed Facebook page. ME Isle of Man (Myalgic Encephalomyelitis) Celia Marshall celia@manx.net 460965 41, Windermere Drive, Onchan. IM3 2DN

Patron: The Lt Governor, Sir Richard Gozney. President: Phil Gawne. Vice President: Craig Morris, Chairman: Celia Marshall, Treasurer & Data Protection: Alan Cooper, Resources Manager: Craig Morris. Campaign Manager: Phil Gawne, Youth coordinator: Annie Kissack. Safeguarding: Wendy Heaton & Eleanor Cooper, Committee Members: Steph Maddrell, Hazel Jordan. Email: celia@manx.net. Phone 07624 383871. Website: www.mesupportiom.info