



M.E. Support (IOM)

IOM Registered Charity Number 381

23 Sept 2021 Update 65

Forthcoming Events: *Please invite family and friends*

Sat 25 Sept: 2.00pm Onchan Methodist Church Lounge

Come along for a coffee and chat. (Unfortunately Mike Kewley is unable to come and run the Mindfulness session, but we should be able to reschedule this popular event)

Sat 30 Oct: Paws for Therapy. 2.00pm Onchan Methodist Church Lounge

Come along and meet the lovely dogs, and chat with the volunteers who give up their time to go into schools, nursing homes etc, to help people.

Sat 13 Nov 2.00. Coffee and chat at the Whitestone Pub, Ballasalla.

We have lots of members in the south, so it is good to meet up there.

Fri 3 Dec 7.30: Annual Christmas Concert with Manx Choir Caarjyn Coidjagh. Kirk Christ, Rushen



We had a super session making Textile Cards - a wonderfully creative yet relaxing afternoon. Many thanks to Artist and ME Support Member Pat Kelly.



We ran a stall at the food and drink Festival in the Villa Gardens. It was great fun, certainly raised awareness about ME, and also raised money which was sent to support research. Many thanks to all who helped.



Extraordinary General Meeting: Sat 20 Nov 10.30 Onchan Methodist Church Lounge

As you know, at our AGM in April we voted to adopt a new constitution. Unfortunately, due to a technicality this was unable to be accepted by the Charities Administration. So we will be holding an Extraordinary General Meeting specifically to adopt the new constitution on Sat 20 November 10.30 at Onchan Methodist. The proposed Constitution is attached. The meeting is expected to last no more than 10 minutes as there is currently no other business to transact. All members are invited to attend. Alternatively, if you wish to register your acceptance of the proposed Constitution, or vote against, you can email isleofman.me@gmail.com.

If you do not have email, and would like to receive a hard copy of the constitution, or you wish to register your vote, please phone Celia on 460965.

Celia Marshall celia@manx.net 460965 41, Windermere Drive, Onchan. IM3 2DN

There is a ME closed Facebook page. ME Isle of Man (Myalgic Encephalomyelitis)

Patron: The Lt Governor, Sir Richard Gozney. President: Phil Gawne. Vice President: Craig Morris. Chairman: Celia Marshall.

Treasurer & Data Protection: Alan Cooper. Resources Manager: Craig Morris. Campaign Manager: Phil Gawne

Safeguarding: Wendy Heaton & Eleanor Cooper. Committee Members: Hazel Jordan, Annie Kissack, Juan Corlett

Email: isleofman.me@gmail.com. Phone 07624 383871. Website: www.mesupportiom.info