



M.E. Support (IOM)

IOM Registered Charity Number 381

28 Oct 2021 Update 66

Forthcoming Events: *Please invite family and friends*

Sat 30 Oct: Paws for Therapy. 2.00pm Onchan Methodist Church Lounge: Cancelled

Sat 13 Nov 2.00. Coffee and chat at the Whitestone Pub, Ballasalla.

We have lots of members in the south, so it is good to meet up there.

Sat 20 Nov 10.30 Extraordinary General Meeting: Onchan Methodist Church Lounge

Fri 3 Dec 7.30: Annual Christmas Concert with Manx Choir Caarjyn Coidjagh.

Kirk Christ, Rushen

Sat 15 Jan 2.00. Coffee and chat Onchan Methodist Church Lounge. Come along and share your favourite poem.

New ME Service to Start by December

In a written answer to Tynwald this week David Ashford said that an Interim Service for ME/CFS and Long Covid will be in place by the end of this calendar year, to allow for a transition to a full service when the revenue bid has been approved. The full service is proposed to comprise a team including an Occupational Therapist, Physiotherapist, Dietician and Respiratory Nurse Specialist, and will be supported by off Island specialists.

Hidden Disability Sunflower Lanyards

We have some of these lanyards available to collect at meetings, or call 383871 and we will send you one. If you wear one it will sensitively alert a shop staff member etc that you may need additional time etc.



Coop Community Fund

The Coop will be supporting the charity this year via its Community Fund. Whenever someone shops at the Coop, if they are a member, then a proportion of the spend will come to ME Support. Many thanks to Hazel Jordan for enabling us to take advantage of this offer.

Extraordinary General Meeting: Sat 20 Nov 10.30 Onchan Methodist Church Lounge

As you know, at our AGM in April we voted to adopt a new constitution. Unfortunately, due to a technicality this was unable to be accepted by the Charities Administration. So we will be holding an Extraordinary General Meeting specifically to adopt the new constitution on Sat 20 November 10.30 at Onchan Methodist. The meeting is expected to last no more than 10 minutes as there is currently no other business to transact. All members are invited to attend. Alternatively, if you wish to register your acceptance of the proposed Constitution, or vote against, you can email isleofman.me@gmail.com. If you would like to receive a hard copy of the constitution, or you wish to register your vote, please phone Celia on 460965.

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There is a ME closed Facebook page. ME Isle of Man (Myalgic Encephalomyelitis)

Patron: The Lt Governor, Sir John Lorimer. President: Phil Gawne. Vice President: Craig Morris. Chairman: Celia Marshall.

Treasurer & Data Protection: Alan Cooper. Resources Manager: Craig Morris. Campaign Manager: Phil Gawne

Safeguarding: Wendy Heaton & Eleanor Cooper. Committee Members: Hazel Jordan, Annie Kissack, Juan Corlett

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