



# M.E. Support (IOM)

IOM Registered Charity Number 381

## 1 Mar 2022 Update 69

### Sat 5 March 12.00 noon

Lunch at the Whitestone Pub, Ballasalla. No need to book. Just come along and join us for an informal lunch and chat.

### Sat 2 April 2.00. Onchan Methodist Church Lounge AGM

Please come along to this important meeting where you can hear the reports of the current committee. I am stepping down as chairman, and we will be electing the committee for the coming year. There will be vacancies on the committee, so if you are interested in taking on this responsibility, please let me know.

### Sat 14 May 2.00pm. Craftworks Ceramic Studio, Qualtrough's Yard, Hope Street, Castletown. IM9 1AN

We have booked a group in for a Ceramics Workshop. This is a great opportunity to try your hand. You will choose a ceramic item eg a mug, and decorate it. The Studio will then glaze and fire the item. Very therapeutic and lots of fun!! This session is free to those who book with us. Please let me know if you would like to come. Please invite family and friends.

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### Campaign News FUNDING FOR ME SERVICE AT LAST

On 15 Feb the Treasury Minister, David Ashford announced funding of £408,000 for the Service for ME and Long Covid. Now hopefully Manx Care will deliver a Service fit for purpose.



Mike Kewley led our popular Mindfulness session last month.

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There is a ME closed Facebook page. ME Isle of Man (Myalgic Encephalomyelitis)

Patron: The Lt Governor, Sir John Lorimer. President: Phil Gawne. Vice President: Craig Morris. Chairman: Celia Marshall.  
Treasurer & Data Protection: Alan Cooper. Resources Manager: Craig Morris. Campaign Manager: Phil Gawne  
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